

Trinity Fitness "Spirit, Soul & Body"



Owner Johnny Ingram opened on February 2, 2022, with a celebration Ribbon Cutting/Grand Opening that included City Officials and LEDA at his new location.

Located at 2302 E Main Street, Lincolnton, the large building allowed him to expand his business and services offered to his many followers of empowering their bodies, as they too grew with Johnny as he grew his business to what it is today with this celebration of another business expansion in Lincolnton.

Trinity Fitness is a provider of instruction for the Spirit, Soul & Body, empowering individuals to transform their life.

February 2, 2022